

# North Carolina Community Health Centers: The Role of Medicaid

Community health centers (CHCs) deliver comprehensive, high-quality, affordable primary and preventive care and reduce overall costs for the health care system. CHCs improve access to essential health care services in communities with shortages of other providers, in both isolated rural and densely populated urban areas. They also integrate services such as behavioral health, substance use disorder treatment, dental care, and pharmacy. CHCs depend primarily on Medicaid and federal grants to sustain their operations.

## Community Health Centers in North Carolina

CHCs have service delivery sites across the state.<sup>1</sup>

- North Carolina has 38 CHCs serving patients at 523 service sites.
- Of these sites, 55 percent are in rural areas.

## Patients Served at Health Centers in North Carolina

- In North Carolina, 694,057 people were served by health centers in 2023, including more than:<sup>1</sup>
  - 147,000 children under age 18 (21 percent of patients),
  - 12,000 children served in school-based service sites,
  - 10,000 veterans, and
  - 117,000 older adults age 65+.
- Overall, 7 in 10 (71 percent) patients had income at or below the federal poverty level.<sup>1</sup>

## Quality of Care at Health Centers in North Carolina

CHCs delivered preventive and screening services to their patients. For 2023, CHCs in North Carolina reported the following.<sup>1</sup>

- 71 percent of pregnant patients received early prenatal care.
- 85 percent of adult patients were screened for tobacco use and got help to stop if using.
- 72 percent of patients 12 and older were screened for depression and had a follow up care plan if needed.
- 45 percent of adult patients ages 46-75 were screened for colon cancer.
- 188,940 patients with hypertension (high blood pressure) received care.
- 99,577 patients with diabetes received care.

## Medicaid's Role in Sustaining CHCs in North Carolina

- The 182,219 Medicaid enrollees served by CHCs in North Carolina in 2023<sup>1</sup> represent 7 percent of the state's total Medicaid enrollees.<sup>2</sup>
- CHC patients enrolled in Medicaid include more than:
  - 91,000 Medicaid enrollees who are children under age 18,
  - 90,000 adults age 18 and older, and
  - 30,000 who are dually enrolled in Medicare and Medicaid
- Overall, one quarter (26 percent) of patients were covered by Medicaid.<sup>1</sup>
- Medicaid accounted for 21 percent of patient care revenue charges in 2023.<sup>1</sup>

## CHCs Economic Impact on Communities

- CHCs in North Carolina created good jobs of many types, employing 5,948 total FTEs in 2023.<sup>1</sup>
- These health care providers generate millions of dollars in positive economic impact in local communities.<sup>3</sup>

## Impact of Medicaid Losses on CHC Patients and Care

Medicaid funding reductions now being considered by Congress would be devastating for patients and CHCs' ability to furnish care, resulting in widespread loss of insurance by health center patients as the state loses federal funding critical to maintaining program operations, and a crippling loss of Medicaid revenue needed to maintain CHC operations and staffing, followed by widespread reductions and closures.

## Sources

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2. Centers for Medicare and Medicaid Services. *Enrollment data for December 2023*. US Department of Health and Human Services. Available at: <https://www.medicare.gov/medicaid/national-medicare-program-information/medicaid-chip-enrollment-data/monthly-medicare-chip-application-eligibility-determination-and-enrollment-reports-data/index.html> Retrieved January 12, 2025.
3. National Association of Community Health Centers. *North Carolina Health Center Fact Sheet*. February, 2024. Available at: <https://www.nachc.org/community-health-centers/state-level-health-center-data-maps/>



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